Maine Medical Center
MaineHealth

MMC Employee Health Service/Graduate Medical Education
House Staff Blood/Body Fluid Exposure Policy

In case of House Staff Blood/Body Fluid Exposure:

Institutional policy, OSHA and Worker's Compensation regulations **require** that any health care provider exposed to blood/body fluid **MUST**:

- Report the exposure to Employee Health Services (EHS). This triggers a medical assessment through MMC EHS
- Report incident to supervisor and/or charge nurse on the unit, includes identifying the source patient, their location and discharge status.
- Complete an Employee Incident Report, found at https://my.mainehealth.org/mmc/Departments/HR/Shared%20Documents/Employee%20Incident%20Report.pdf *__Health care provider/employee incidents are not reported through RL Solutions.__

Reporting steps:

1. **Daytime Hours (from 7:30am – 3:00pm) Monday–Friday** Exposed contacts EHS at 662-4011. Explain you have had a blood/body fluid exposure. An RN will conduct a brief triage interview; you will be set up for an urgent visit with an employee health provider. EHS will need the source name, location, discharge status.
   *If exposure occurs after 6:00 am, it is appropriate for the employee/trainee to choose to sign out and go directly to EHS at 7:15am. (7 Bramhall – across the street from Dana Center). Employee/trainee will contact Program Director to discuss clinical education and experience hours modification, as appropriate.

2. **Complete Incident Report**
   https://my.mainehealth.org/mmc/Departments/HR/Shared%20Documents/Employee%20Incident%20Report.pdf
   - Completion of incident report has secondary priority to reporting/contacting EHS

3. **After hours, weekends and MMC holidays** – exposed employee/trainee presents to the ED
   - These exposures are classified as emergent, equivalent to an MI
   - Once exposed is registered:
     - Adult Service PA line contacted to interview source, risk review, consent and order tests
       - Done by ED if source is ED patient

     ** if ED wait time is significant, trainee may request to return to work and be paged when able to be seen. Be sure that ED has source patient name, MR number and physical location.

   - Lab Testing:
     - Maine State laws govern source testing and confidentiality of test results
     - ALL lab results are ordered through a non-EPIC system 'NordxNow'
     - The exposed will not be billed for service or lab testing

   - If initial visit is with ED a report of exposure is sent to EHS so there is awareness of the case;
     - EHS triage nurse contacts the trainee for follow up – next day service is typical
     - Follow-up may be required longer term depending on source results

4. EHS reports exposure to the DIO (Medical Education). The GMEC Resident Affairs tracks resident and fellow exposure and work place injuries.

Approved by GMEC-Executive Committee October 25th, 2017