

## **APPENDIX B: Reminder Pocket Card**

SDM Reminder Pocket Cards are 3x5 inch laminated two sided cards with the components of SDM on both sides. These were printed on colored card stock. These cards are meant to be easily carried by a provider or staff, such as in a pocket or on a clipboard, to be used as a learning tool and as a memory aid during clinical encounters.

Reference:

Braddock III C, Hudak, PL, Feldman JJ, Berekyei S, Krankel RM, Levinson W. "Surgery Is Certainly One Good Option": Quality and Time Efficiency of Informed Decision-Making in Surgery. *J Bone Joint Surg Am.* 2008;90:1830-1838.

## **Appendix B: Reminder Pocket Card**

### Pocket Card (FRONT)

#### **CHECKLIST:**

YES            NO

		Did you discuss the patient’s role in the decision-making process? <b>(Role)</b>
		Did you discuss how the decision would impact the patient’s daily life? <b>(Context)</b>
		Did you discuss the essential clinical issues? <b>(Nature)</b>
		Did you discuss reasonable alternatives? <b>(Alternatives)</b>
		Did you discuss the relevant risks and benefits? <b>(Pros &amp; cons)</b>
		Did you discuss the likelihood that surgery would/would not succeed? <b>(Uncertainty)</b>
		Did the patient understand the decision? <b>(Understanding)</b>
		Did you discuss whether the patient would like to consult others? <b>(Input)</b>
		Did you discuss what the patient preferred? <b>(Preference)</b>
		Did you ask the patient to teach back what was discussed? <b>(Teach Back)</b>

### Pocket Card (BACK)

#### **EXEMPLAR:**

DIMENSION	ELEMENTS
Provide information	<b>NATURE</b> —What are the health concerns we are addressing?
	<b>ALTERNATIVES</b> —What are the treatment options?
	<b>PROS&amp;CONS</b> —What are the relevant risks and benefits?
	<b>UNCERTAINTY</b> —What is the chance that the treatment will help/fail?
Foster involvement	<b>ROLE</b> —What role do you want to play in the decisions?
	<b>CONTEXT</b> —How will the decision impact your daily life?
	<b>UNDERSTANDING</b> —What questions do you have?
	<b>INPUT</b> —Would you like to talk to anyone else before you make your final decision?
	<b>PREFERENCES</b> —Does that sound reasonable? What do you think?
Check for understanding	<b>TEACH BACK</b> — Did you ask the patient to teach back what was discussed?

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